Suggestions for activities at particular locations

Methodist Church. Open to visitors between 10.00am and 4.00pm every day. Please feel welcome to have a look around and find out more about pilgrimage at our special display.

Any bench you see along the way. Take a moment to sit and still yourself. What have you seen so far? What is sticking in your mind? What are you thinking about?

Peace Garden. Alderney bears many scars of war and our garden here is a memorial to that, and also a sign of hope that all people might one day know peace. Who do you wish peace for?

Crabby Bay. Build a cairn with the pebbles and stones to mark something important to you.

Inner Harbour. Read the poem – 'The Sea' by Ryan Bundy. Now, why not have a go at writing your own poem or haiku.

Douglas Quay has withstood both the test of time and the force of nature over hundreds of years. Consider what or who is strong in your life.

Braye Beach & Common. Whether on the beach or the common – notice the space – land, sea and sky – it's so vast! Breathe deeply.

Hammond Memorial. Spend a few minutes reading the commemorative plaques.

Quesnard Lighthouse. This magnificent building offers both light and safety. Who offers those things to you?





Alderney images courtesy of VisitGuernsey

A pilgrimage is a journey made with purpose, traditionally to a sacred place and found across many religions. It can be undertaken alone or with others and may last from a few hours to several months. Today, pilgrimages are not always religious; many people use them as an opportunity to reflect on important aspects of their lives. The essential elements are choosing a destination, setting an intention, and walking with mindfulness and purpose.

The Alderney Pilgrim Trail is designed to support this type of reflective journey. Alderney's unique blend of coastline, beaches, countryside, and extensive footpaths makes it well suited to personal exploration and contemplation. Its small population also provides peace and space for quiet reflection. The trail was created as part of the Methodist Church's "Island Pilgrims" project and welcomes people of all faiths or none.

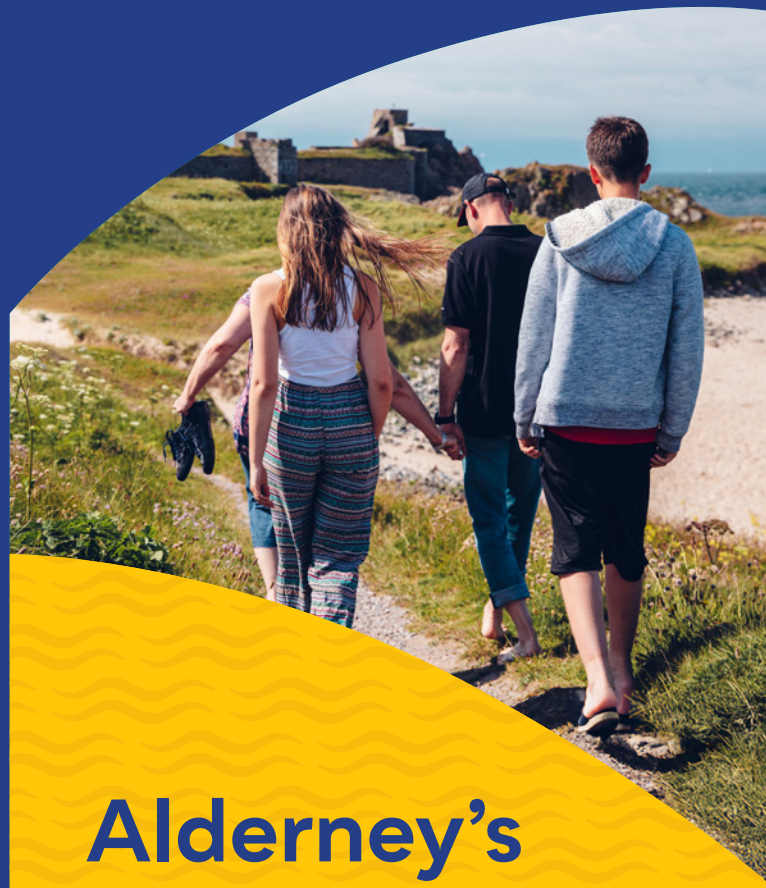
While following the trail, pilgrims are encouraged to engage their senses by noticing the natural world around them, to reflect on meaningful sights or experiences, and to keep returning their thoughts to the intention they set at the start. Some may choose to include prayer as part of their journey. Pilgrims are also encouraged to walk slowly and thoughtfully, allowing time to fully appreciate and reflect on the experience.

Island Pilgrims

Wonder | Discover | Change

If you'd like to join a Guided Prayer Walk along the Pilgrim Trail then visit **www.islandpilgrims.org** for the next available date.

Island Pilgrims



Alderney's Pilgrim Trail



Map data from Openstreetmaps.org

Directions

Short Walk (to Braye & back)
2 miles/3km

Long Walk (to the Lighthouse & back)
6 miles/10 km

1 With your back to the steps of the Methodist Church, walk straight ahead towards the shop, Cycle & Surf, and turn left down Braye Road. Continue down the hill until you come to a junction with Newtown Road on your right and a track on your left that is signposted Peace Garden.

2 Follow this sign for 100 metres and you will find the Peace Garden on your right.

Continue along the track and you'll soon see a drystone wall ahead. When you get to the wall, you'll see that the track turns right downhill. Look up and out to sea – it's a wonderful view! Walk down the hill to the bottom.

3 Across the road is Crabby Bay. Turn right and walk along the edge of the bay as far as the Recycling Centre – there's a path from here down to the bay – where you can build a cairn from the rocks and pebbles.

4 Head through the Recycling Centre to the Inner Harbour and look for the Seafarers Memory Wall tucked away in a corner. Take a seat, read the poem, and think of all those who work on the sea.

5 Look across the Inner Harbour and you can see Braye Chippy. There are some steps next to it for you to walk up, and then another bench for you to sit and admire the view.

Walk towards the main harbour and Commercial Quay. There are toilet facilities here.

6 And now walk towards the Braye Beach Hotel and the Douglas Quay where the founder of Methodism, John Wesley, preached in 1787. You can walk along the Quay and take in the views across both Braye Bay and the harbour.

7 You can also walk from here along Braye Beach and/or Braye Common.

8 For the Short Walk, simply head back up Braye Road back to the Methodist Church.

9 For the Long Walk, walk along Braye Common away from the harbour. Then follow the road as it begins to rise. You'll see the football ground on your left. At the crossroads, bear left along the road.

10 Soon you'll come to the Hammond Memorial. Take the road on the left towards the campsite and then on to Corblets Beach.

11 Continue on the road, bear left again and head to the Quesnard Lighthouse.

You can now return the way you came, or continue to walk around the island, keeping the sea to your left.

Suggestions for activities at particular locations

Methodist Church. Open to visitors between 10.00am and 4.00pm every day. Please feel welcome to have a look around and find out more about pilgrimage at our special display.

Any bench you see along the way. Take a moment to sit and still yourself. What have you seen so far? What is sticking in your mind? What are you thinking about?

Peace Garden. Alderney bears many scars of war and our garden here is a memorial to that, and also a sign of hope that all people might one day know peace. Who do you wish peace for?

Crabby Bay. Build a cairn with the pebbles and stones to mark something important to you.

Inner Harbour. Read the poem – 'The Sea' by Ryan Bundy. Now, why not have a go at writing your own poem or haiku.

Douglas Quay has withstood both the test of time and the force of nature over hundreds of years. Consider what or who is strong in your life.

Braye Beach & Common. Whether on the beach or the common – notice the space – land, sea and sky – it's so vast! Breathe deeply.

Hammond Memorial. Spend a few minutes reading the commemorative plaques.

Quesnard Lighthouse. This magnificent building offers both light and safety. Who offers those things to you?





Alderney images courtesy of VisitGuernsey

A pilgrimage is a journey made with purpose, traditionally to a sacred place and found across many religions. It can be undertaken alone or with others and may last from a few hours to several months. Today, pilgrimages are not always religious; many people use them as an opportunity to reflect on important aspects of their lives. The essential elements are choosing a destination, setting an intention, and walking with mindfulness and purpose.

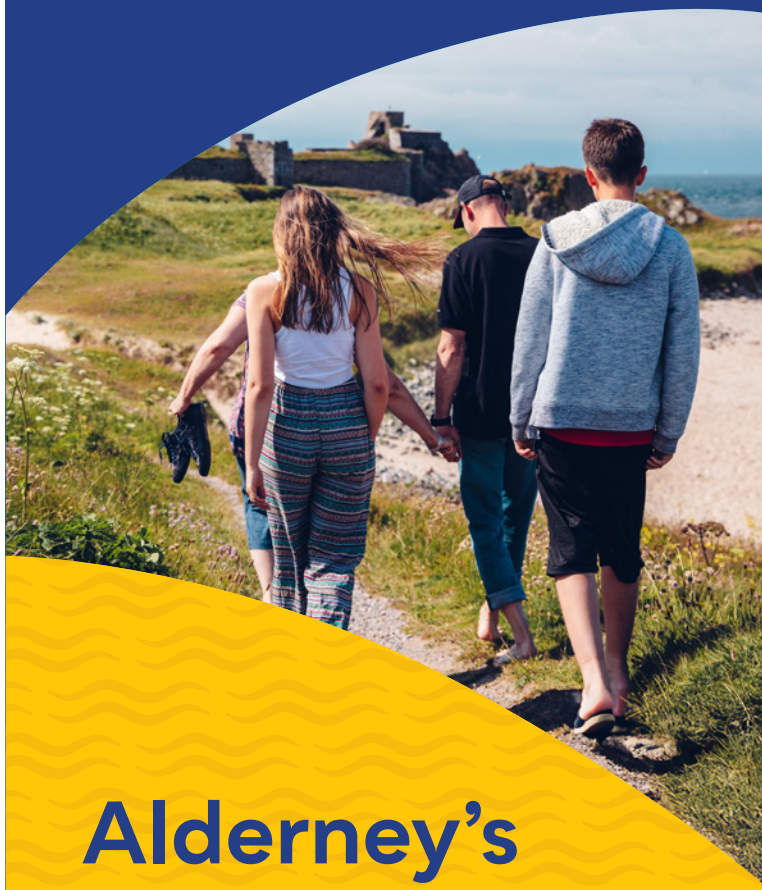
The Alderney Pilgrim Trail is designed to support this type of reflective journey. Alderney's unique blend of coastline, beaches, countryside, and extensive footpaths makes it well suited to personal exploration and contemplation. Its small population also provides peace and space for quiet reflection. The trail was created as part of the Methodist Church's "Island Pilgrims" project and welcomes people of all faiths or none.

While following the trail, pilgrims are encouraged to engage their senses by noticing the natural world around them, to reflect on meaningful sights or experiences, and to keep returning their thoughts to the intention they set at the start. Some may choose to include prayer as part of their journey. Pilgrims are also encouraged to walk slowly and thoughtfully, allowing time to fully appreciate and reflect on the experience.

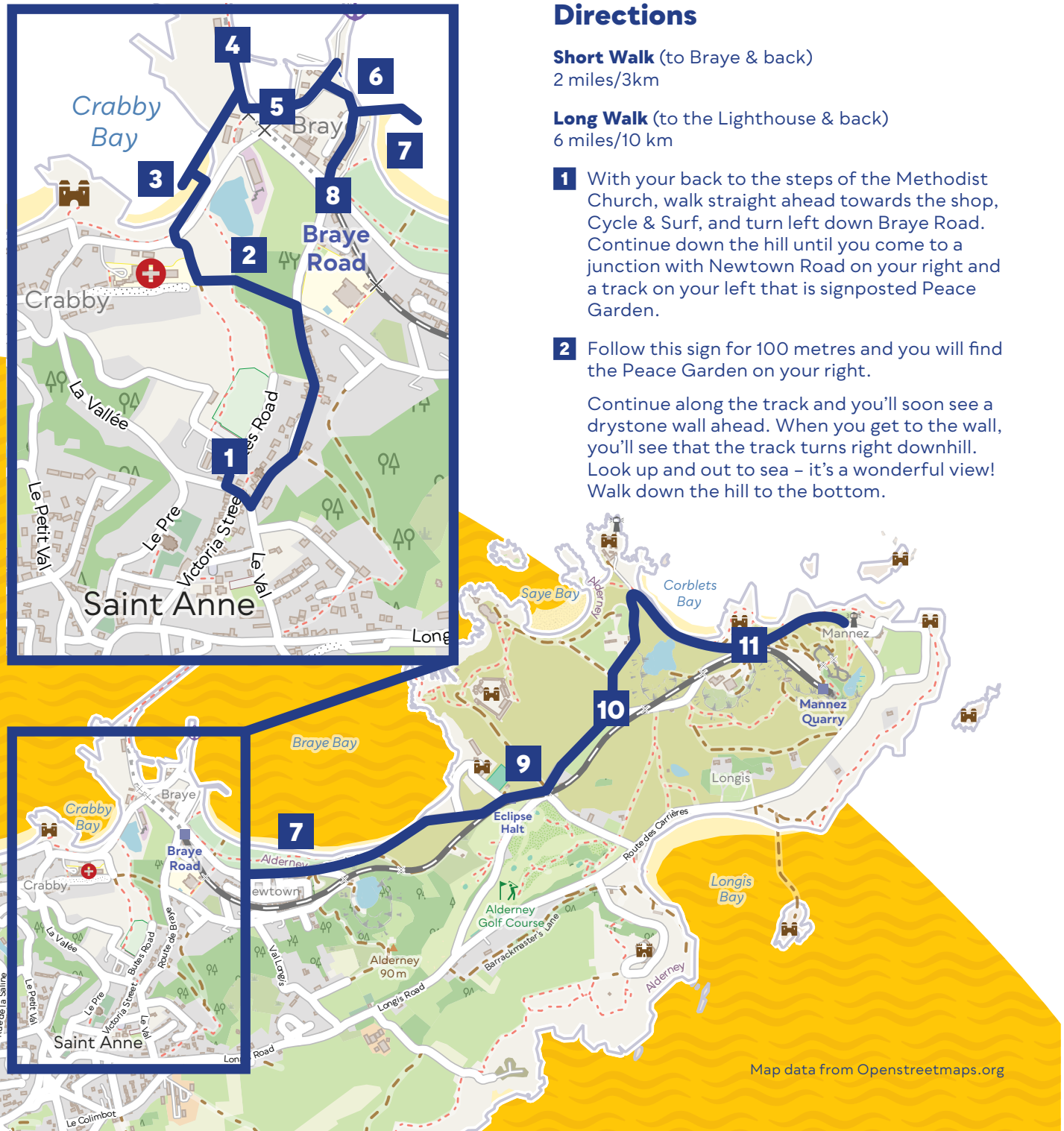
Island Pilgrims
Wonder | Discover | Change

If you'd like to join a Guided Prayer Walk along the Pilgrim Trail then visit **www.islandpilgrims.org** for the next available date.

Island Pilgrims



Alderney's Pilgrim Trail



Directions

Short Walk (to Braye & back)
2 miles/3km

Long Walk (to the Lighthouse & back)
6 miles/10 km

1 With your back to the steps of the Methodist Church, walk straight ahead towards the shop, Cycle & Surf, and turn left down Braye Road. Continue down the hill until you come to a junction with Newtown Road on your right and a track on your left that is signposted Peace Garden.

2 Follow this sign for 100 metres and you will find the Peace Garden on your right.

Continue along the track and you'll soon see a drystone wall ahead. When you get to the wall, you'll see that the track turns right downhill. Look up and out to sea – it's a wonderful view! Walk down the hill to the bottom.

3 Across the road is Crabby Bay. Turn right and walk along the edge of the bay as far as the Recycling Centre – there's a path from here down to the bay – where you can build a cairn from the rocks and pebbles.

4 Head through the Recycling Centre to the Inner Harbour and look for the Seafarers Memory Wall tucked away in a corner. Take a seat, read the poem, and think of all those who work on the sea.

5 Look across the Inner Harbour and you can see Braye Chippy. There are some steps next to it for you to walk up, and then another bench for you to sit and admire the view.

Walk towards the main harbour and Commercial Quay. There are toilet facilities here.

6 And now walk towards the Braye Beach Hotel and the Douglas Quay where the founder of Methodism, John Wesley, preached in 1787. You can walk along the Quay and take in the views across both Braye Bay and the harbour.

7 You can also walk from here along Braye Beach and/or Braye Common.

8 For the Short Walk, simply head back up Braye Road back to the Methodist Church.

9 For the Long Walk, walk along Braye Common away from the harbour. Then follow the road as it begins to rise. You'll see the football ground on your left. At the crossroads, bear left along the road.

10 Soon you'll come to the Hammond Memorial. Take the road on the left towards the campsite and then on to Corblets Beach.

11 Continue on the road, bear left again and head to the Quesnard Lighthouse.

You can now return the way you came, or continue to walk around the island, keeping the sea to your left.